



USA Wrestling recognizes

Jack Hagler

for successfully completing the Copper Level of USA Wrestling's National Coaches Education Program.

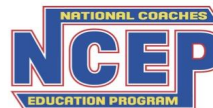


The Copper Certification contains 10 contact hours; 4 hours of online or in-person classroom work/testing and 6 hours required reading in *The Rookie Coaches Wrestling Guide, 2nd Ed.*

Topics covered include: Stepping Into Coaching, Communicating as a Coach, Understanding Rules and Equipment, Providing for Wrestlers' Safety, Making Practices Fun and Practical, Teaching and Shaping Skills, Developing the Seven Basic Skills, Coaching Attacks and Counterattacks, Coaching Top and Bottom Techniques, Coaching Competitions and Developing Season and Practice Plans.

A handwritten signature in black ink, appearing to read "Kevin Beiler".

Executive Director, USA Wrestling



A handwritten signature in black ink, appearing to read "Mike Clayton".

USA Wrestling, NCEP Manager